YWCA Clinton

IS ON A MISSION

A guiding light, a safe harbor, a beacon of hope, and a solid foundation for our community.
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317 7th Avenue South
Clinton, Iowa 52732
ywcaclinton.org
If you’re reading this letter, “Thank you!” “Thank you!” to our fitness members for helping support our mission with your paid membership. If you’re the parent of one of our childcare or youth students, then “Thank you!” for entrusting us to help develop the minds and bodies of your young ones. To our amazing donors, “Thank you!” for allowing us to continue to give hope to families and individuals in the community who may be homeless or at risk of homelessness because of an unexpected financial hardship, job loss, or domestic violence. We’d like to say “Thank you!” to our board and committee members for being so generous with your time. And, if you’re one of our staff members, then “Thank you!” for helping us do what we do day after day. Each and every one of you is instrumental in making YWCA Clinton who it is and has been for 103 years.

YWCA Clinton continues to focus on our mission of “eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.” Throughout the year, we host several Diversity Book Club discussions in conjunction with Clinton Community College and the Traveling Diversity Library, which travels to local elementary schools. We partner with the community for the Martin Luther King Jr. Celebration in January and, in April, our Racial Justice committee hosts Stand Against Racism. In September we work with the Clinton Peace Coalition for the Stop the Hate/Show the Love Walk, and in October we host the Week Without Violence. All of these events continue to educate the public on the challenges members of our community and the country continue to face.

This year, we again recognized seven remarkable individuals and one incredible business with the Women of Achievement Awards for their dedication and community involvement. We also began our Women of Achievement Giving Club for past honorees and for their family and friends to continue to honor them with a donation in their name to YWCA Clinton.

As a non-profit, the YWCA staff and board of directors continue to investigate ways to keep us financially solvent for future generations. It recently came to light that the expense of maintaining our pool is quite high. As one of the few indoor pools in the area, we are looking at ways to keep this amenity in our community. Splash Sponsors are those that donate $1,000 to cover pool expenses for one day out of the year.

We understand that we have some obstacles that we need to overcome, but YWCA Clinton continues to be dedicated to our mission. And we recognize that doing that is not possible without you. So, “Thank you!” for your contribution to and your trust in YWCA Clinton!

Pam Petersen and Emily Schulz-Stiles
Co-Presidents, YWCA Clinton Board of Directors
Year in Review
10/1/2017 to 9/30/2018

Empowerment Center
*New this Year!*
Launching of the State-Wide Coordinated Entry System to address homelessness in our community.

Clinton Half Marathon
*New this Year!*
Packet Pick-Up Party in Downtown Clinton with a Kid’s Run, live music, food trucks, and fireworks! Race routes altered to showcase and celebrate Clinton!

Fitness
*New this Year!*
Les Mills Group Fitness Classes
In Body - Body Composition Analysis
Equipment funded in part by the CCDA

Children's Center & Youth Dept.
*New this Year!*
Both programs were awarded special funding to implement Resiliency and Mindfulness practices.

Aquatics
*New this Year!*
Pool-Stakeholders Meetings were offered to be transparent about the daily cost of the pool. Thank you to the new Splash Sponsors for donating $1,000 to cover the costs of the pool for one day!

YWCA Clinton benefited from 150 Volunteers who donated over 1750 hours of service
Empowering Women

45th Annual
Women of Achievement &
Unsung Heroes

Religious Woman of Achievement
Lt. Stephanie Hartley

Business Leader
Painted Rooster
Sandra Land, Erin George, & Emily Steenhard

Community Woman of Achievement
Sandi Sills

Young Woman of Achievement
Sidney Smith, Clinton High School

YWCA Honoree
Jesse Lawson

County Woman of Achievement
Donna Simmons of Preston, IA

Professional Woman of Achievement
Idell Klein

New this year!
The Woman of Achievement Giving Club was established. To date over
$3,000 has been gifted by honorees or in memory of an honoree.

Eliminating Racism

An important step in eliminating racism is recognizing and understanding the negative impact it has on our community. YWCA Clinton participates in and hosts a variety of events geared towards educating the community on the effects of racism and shining a light on paths to peace.

Through our Racial Justice Committee’s Traveling Diversity Library and Diversity Book Club, we invite community members young and old to explore racial and ethnic themes. Every spring, YWCA Clinton hosts the Stand Against Racism where we celebrate diversity and ask that all community members pledge to eliminate racism from their lives. YWCA Clinton plays an active role in the Martin Luther King, Jr. Celebration and the Clinton Peace Coalition to share the importance of peaceful paths towards racial equality with our community.
Empowerment Center

Offering programs and services that empower all to grow, thrive, and reinvest in our community!

Coordinated Entry
Coordinated Entry is a statewide electronic system used by agencies to ensure that individuals are matched with the most appropriate intervention and not with a “first come, first served” approach.

Rapid Rehousing
Rapid Rehousing offers financial and case management services to families with children and individuals experiencing homelessness. Ongoing services are provided to ensure long term success.

Homelessness Prevention
Homelessness Prevention provides financial and case management services to assist families with children and individuals who currently have housing but are at risk of losing it within 14 days.

In 12 Months **362 People** in our community moved from living in places not meant for human habitation into their **own** homes or **avoided** becoming homeless in the midst of crisis because of YWCA Clinton.

**It can happen to anyone...**
An elderly couple, lifelong residents of Clinton County fell into crisis because of a cancer diagnosis. As they struggled to pay for treatments, the family ended up losing their home to foreclosure.

The stress of caring for someone terminally ill and the financial burdens, the loss of their home was overwhelming. When they turned to YWCA Clinton, the wife was able to care for her husband in his final months of life without the stress or burden of how to keep the lights on or a roof over their heads.

**04 1902 SERVICES to 795 CLIENTS** were funded by donation dollars.
We offer 71 land fitness class sessions each week for all fitness levels. Free babysitting is provided to help parents utilize the facility & model healthy behavior for their kids.

NEW CLASSES!
Les Mills BODYCOMBAT
Les Mills BODYPUMP
Les Mills CXWORX

"When I joined YWCA Clinton, I found a very stable group of friendly individuals and instructors that sincerely cared about my health. I became so inspired by many of the people that I met in classes. I could see that anything really IS possible!"

-Tami L.

Our pool ensures the community has access to year-round lap swimming, open swim, water therapy as well as 42 water-based fitness classes each week!
Clinton Half Marathon

NEW Pre-Race Party! 
Open to the Community!

- Kids Run
- Food Trucks
- Live Music
- Fireworks

NEW Race Modifications!

- New Routes
- Downtown Start & Finish
- Half Marathon Relay

The 8th Annual Clinton Half Marathon, the last event of the Hy-Vee Mississippi River Challenge, brought together runners, walkers, volunteers, spectators, and sponsors for another successful wellness-focused community event.
YWCA Aquatics

Over 5,000 hours spent safeguarding pool patrons

Weekly Happenings
42 Fitness Classes  Birthday Parties
Special Olympics  Water Therapy
Open Swim  Lap Swim
Group & Private Swim Lessons

YWCA Pool - An Important Community Resource

963
AVERAGE NUMBER OF PATRON VISITS TO POOL EACH WEEK

Average Number of Hours YWCA Pool is Open Each Week:
95

People Depend on the YWCA Pool For:
★ Swim Lessons
★ Injury Recovery
★ Family Fun
★ Lap Swimming
★ Special Olympics
★ Community Rental
★ 40 Fitness Classes

$360,000 To Operate Pool Per Year

Pool Expenses:
- Staffing = $207,000
- Utilities = $22,000
- Equip Wear & Tear = $30,000
- All Other Expenses = $101,000

Total Pool Annual Expenses = $360,000

On Avg, It Costs $1000 Per Day to Operate the Pool

Pool Staffing
It Costs $42 An Hour To Staff The Pool:
- Lifeguards
- Class Instructors
- Management
- Custodians
- Front Desk (portion)
- Swim Instructors

Make a Splash in Our Community

Be a Splash Sponsor - Fund the pool for 1 day for $1000
Be a Pool Patron - Include the YWCA Pool in your Legacy Giving
YWCA Children's Center is the only licensed facility in Clinton and Jackson counties open 6am to Midnight. Extended Shift Care made possible, in part, by Early Childhood Iowa

Downtown and Lyons Center both scored 4 out of 5 on the QRS scale showing our commitment to early childhood learning.

YWCA Children's Center provides high quality care in safe & vibrant environments designed to stimulate learning and exploration.

Quality Rating System

Downtown and Lyons Center both scored 4 out of 5 on the QRS scale showing our commitment to early childhood learning.

YWCA Children's Center provides high quality care in safe & vibrant environments designed to stimulate learning and exploration.

80% of our families receive some form of tuition assistance

67 Preschool Graduates!

35 Downtown | 32 Lyons

Resiliency & mindfulness practices

FUNdraisers: Oodles of Noodles, Vitales, Blood Drives, and More!
YWCA Afterschool Program IS DHS LICENSED for 43 children & is operating at capacity on early-out days! Our 21st Century Program allows us to work with local elementary & middle school students to provide fitness enrichment AND offer our Girls Circle programming for at-risk middle school girls in the program. YWise Girls continues to empower girls to become leaders in our community through career exploration, community service & healthy lifestyles. STEAM provides fun programming focused on science, technology, engineering, art, and math!
YWCA Senior Services

**Strong & Steady for Life...**

Our focus on the health benefits of the YWCA Fitness classes that are geared specifically to seniors' needs.

**Promoting Senior Core Goals:**

- Fall Prevention
- Improving Balance
- Muscle Strengthening
- Increasing Flexibility

**YWCA 50+ Club...**

...provides engaging & fun activities and a sense of community to our 50+ population with Breakfast Club, Social Events and Educational Programs.
YWCA Clinton is made possible because of the generosity of donors and supporters! We are incredibly grateful for the many individuals, businesses, and foundations who bless us with gifts big and small. Mark your calendar for these annual programs and fundraisers: Trivia, Oodles of Noodles, Women of Achievement, Signature Auction Event, and Clinton Half Marathon.
YWCA Clinton is proud to be a part of the foundation of our community, a respected organization dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all. Our mission is the driving force behind everything we do, and something our staff and board are very proud and passionate about. As we tackle the many challenges we face as a non-profit, we appreciate your continued support and generosity. Without you, we wouldn’t be here with a proud 103-year history in our community.

When you give to YWCA Clinton, you are:

- **Housing homeless families and working with them to overcome barriers to stability.**
- **Helping families at risk of homelessness, stay in their homes.**
- **Ensuring all children have access to high quality childcare and preschool programs.**
- **Providing a safe, healthy place for K-5 children to thrive.**
- **Giving seniors a home away from home, to help keep them both healthy and active.**
- **And so much more...**

YWCA Clinton is many things to many people in our community. We are blessed to have the passion for. As we tackle the many challenges we face as a non-profit, we appreciate your continued support and generosity. Each of you plays a part in making YWCA Clinton what it is today.

Thank you!

Shannon Sander-Welzien
Executive Director

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**YWCA Donors**

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Thank you!

Shannon Sander-Welzien
Executive Director

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**YWCA Donors**

**Empowerment Club $50,000+**
Early Childhood Iowa
United Way of Clinton County
U.S. Department of Housing and Urban Development

**Dignity Club $40,000+**
Clinton County Development Association

**Justice Club $20,000+**
Clinton County Board of Supervisors
Lynn and Alan Chambell*~
Gerald Starbuck*

**Peace Club $10,000+**
Jenny and Keith Boyesen*~
City of Clinton
Sisters of Saint Francis

**Philanthropic Club $3000+**
A.E. Pearson Foundation
City of Marquette
Clinton and Jackson Counties
DECAT Board
Clinton National Bank*
Diocese of Davenport
Lori and Gerry Freudenberg*~
Hy-Vee
Jeannie Lawson
McDonald Foundation
Diane Petersen*~
Diane Stempky
Women’s Giving Circle of Greater Dubuque

**Millenium Club $1000+**
1st Gateway Credit Union
ADM
Alliant Energy Foundation
Ascenra Credit Union
Judy Aurand*
Bethlehem Lutheran Church
John Birkeno
Marguerite Bloch*
Citizens First Bank
City of Cananda
Clinton Visitor’s Bureau
Colony Brands
Dairyland Dental
Brandi Estes
Marcia and Donald Flory*~
Fulton Community Fund
Pam Guayen
Gateway State Bank
Genevieve Gabriel Trust
Emily and Alan Gip*~
Kathy Hand*
Iowa Scottish Rite Masonic
Marianne Jensen*~
Jesus Christ Prince of Peace
Parish
Marion Johnson
Kyle and Kevin King
Mercy Medical Center

**Century Club 500+**
A.C. Roe Agency
Abstract & Title Guaranty
Company
Ag's King, Inc.
Sharon Alm*~
Jane Anne Arsdale
Big River Packaging Inc.
Jody and Matt Brooke
Laura and Bryce Burget*~
City of Calamus
Suz Dalmaz
City of Grand Mound
City of Welton
Xenos Cloah
Custom-Pak
Downtown Clinton Alliance
First Presbyterian Church-
Katha Forrest*~
Jennifer and Charlie Graf*~
Louis and Cairn Foulk
Lyndelishop
Rita Levera
Nelson Corp. Wealth
Management
Robert Rasmussen
Brenda Thomas-
Walmart
Barb Willoughby*

**Visionary Club $100+**
Aegis
Julie and Charles Allesee
Ashford University
Becky Atherton*
Sharon Bailey*
Jessica Baker*
Andrea Barnett*
Ann Bell
John and Martha Bonte*
Sarah Bruhaker*
Kemi Busker*
Cranes Nest
Central Bank Illinois
Robert Churchill*
City of Calwood
John of Low Moor
Clinton Community College
Clover Hills Appliance
Country Financial: Mike and
Kelsey Menchaca
Rita Dennis*
DeWitt United Methodist Women
Carrie Dione*
Arthur Donat
Judy Doughty*
Mary Doyle*~
Edward Jones
Pam Eggser*
Ann Elginam
Elvira Lutheran Church
Faith Lutheran Church
Lu Ann Farrell
Heather Farrell*
Howard Feeler
First Presbyterian Church-
Mark Fike
Beth Frehley*
Gabel Chiropractic
Marion Goodst
Libby Goodman*
Christine Grant*
Marion Garrison
Rita Hartwell*
Lt. Stephanie Hartley*~
Ann Hegstrom
Suz Dalmaz
Mark and Sarah Hood*
Nancy Houzenga*
J.T. Cullen Co., Inc
K40 Electronics
Ken Kroemer Insurance
Cindy Krieter*
Stacy Krey
Kathy Klahn*
Sandra Land*
Lance Lavoie
Tami Leavens
LeVocios, Inc.
Nancy Levison
Carol Machiel
LaRee and Mark Mangler-
Marquetteo Family Clinic
Leslie McCrery*
Michael and Cathy McCadel-
Mississippi Valley Regional
Blood Center
Mardell Mommsen-Flippin*
Moose Lodge
James Norman
Nutrition Plus
Elizabeth Papritz*
Paul’s Discount
Kathleen Pennock
Pam Petersen*~
Charlotte Phillips
Francis Hill and Alan Rathje-
Tracy Reynolds*
Patti Robinson*
Nancy Rockrohter
Suzanne Rose
Jacqueline Rutledge*
Margaret Samson*
Molly Scholler*
Emily Schultz-Stiles*
Schoepfer Livestock Farms Inc.
Selfness Products
Shawn Snyder
St. Paul Lutheran Church
Sterling Federal Bank – Clinton
Maudie Stoltenberg-
Emily Schultz-Stiles*
Schoepfer Livestock Farms Inc.

**Sethness Products**
Shawn Snyder
St. Paul Lutheran Church
Sterling Federal Bank – Clinton
Maudie Stoltenberg-
Barb Suehle-Janis*~
Missey Sullivan-Pope*
The Alvarno Health Care Facility
Darrel and Clairece Thomsen
Rick Trine
Mark Trine
Randy Trine
Brenda Vens
Karen Vickers
Annie Vogt
Windmill Realty
Karen Will*~
Jenelle Wolfer*

**Friends of the YWCA Up to $99**
Jessica Conde
Jeanne Crow
Sandra Dankbar
Domestic Pluming
Sandra and Roger Dusil
Employer Service Bureau
First United Presbyterian Church
My Hobby Garden Plain
Presbyterian Church
Erin George-
Lynda Haack
Jessica Kinser
Beth Krogman
Joni Krogman-
Thomas Lang
Legend’s Sports Bar & Grill
Alma Mariano
Amanda McNally
Risa McPadden
Deborah Meeker
El Meehmen
Janet Olson
Elin Schadt
Fern Shilling
Kenneth P. Schuster
Margie Sexton
Phoebe Soensken
Emily Steenhart-
Nancy Van Milligen
Kycarah Vanhaelst
Sandra Woodhouse

**In Memory of:**
Denny Sander

**Legacy Giving:**
Lois Beaulieu
Gentlemen Gabriel Trust
Marianne Jensen

Please let us know if YWCA Clinton is included in your will or estate so you can be added to our Legacy Giving Club

* ~ YWCA Mission Supporters
~ Woman of Achievement Giving Club

**Clinton Lumberkings**
Clinton Symphony Orchestra
Culver’s of Clinton
Leslie Dady-Parent
Ronnie Deevers
Judy Doughty
Heather Farwell
Lee Freundeburg
Gateway Travel
Emily and Nolans Gipe
Jenelle and Charlie Graf
Green Bay Packers
Kate Hello
Kathleen Holland, OSF
Holly’s Dogs
Hy-Vee
Iowa Cubs
Island City Harbor
John G. Shedd Aquarium
Jumer’s Casino & Hotel
Jim Kennedy
Evan Krehbiel
Terry Krause
Kwik Star Legumitas Brewing
Company
Jessie Lawson
La-Ree and Mark Mangler
Kay Malee
Michelle and Noel Meade
Leisha Merkel
Minnesota Timberwolves
Jennie Ming
Nabi Zoe Nestle Pardina
Necker’s Jewellers
Norway Idell Klein
Oxhorn Fine Arts Center
Pam and Mark Petersen
Quad City Band Rivers
Renaissance Rosale Boutique
Rhythm City Casino Resort
Emily Schultz-Stiles*
Sandi Siler
Sky Deck Chicago
Sodorubon Skin Institute
St. Louis Children’s Museum - The
Magic House
Bomile Temperty
University of Northern Iowa
Athletices Department
Carla Weglar
Wild Rose Casino

**Clinton Fire Department**
Clinton Lumberkings
Clinton Symphony Orchestra
Culver’s of Clinton
Leslie Dady-Parent
Ronnie Deevers
Judy Doughty
Heather Farwell
Lee Freundeburg
Gateway Travel
Emily and Nolans Gipe
Jenelle and Charlie Graf
Green Bay Packers
Kate Hello
Kathleen Holland, OSF
Holly’s Dogs
Hy-Vee
Iowa Cubs
Island City Harbor
John G. Shedd Aquarium
Jumer’s Casino & Hotel
Jim Kennedy
Evan Krehbiel
Terry Krause
Kwik Star Legumitas Brewing
Company
Jessie Lawson
La-Ree and Mark Mangler
Kay Malee
Michelle and Noel Meade
Leisha Merkel
Minnesota Timberwolves
Jennie Ming
Nabi Zoe Nestle Pardina
Necker’s Jewellers
Norway Idell Klein
Oxhorn Fine Arts Center
Pam and Mark Petersen
Quad City Band Rivers
Renaissance Rosale Boutique
Rhythm City Casino Resort
Emily Schultz-Stiles*
Sandi Siler
Sky Deck Chicago
Sodorubon Skin Institute
St. Louis Children’s Museum - The
Magic House
Bomile Temperty
University of Northern Iowa
Athletices Department
Carla Weglar
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~ Woman of Achievement Giving Club

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Be Part of Our Mission!

There are so many ways for you to be involved!

Our ability to meet the needs of our community is directly related to the support that we receive from the community.

So whether it is the giving of your time by serving on one of our committees, sponsoring or attending an event, gifting in honor of a loved one, or donating needed items to our housing programs. You know that your gift to YWCA Clinton will be put to work improving the lives of others in this community. **Give according to your passion!** Donate towards the Children's Center, Operation of the pool, or simply give in support of our mission: *to eliminate racism, empower women, and promote peace, justice, freedom, and dignity for all.*

**VOLUNTEERING**  **Memorial Giving**  **Equipment Donation**  **Event Attendance**

**Gifts to Celebrate a Milestone**  **Giving Tuesday Donation**  **Gifts to Honor a Loved One**

**Mission Supporter**  **Program Sponsorships**

**LEGACY GIFTS: CONSIDER ADDING YWCA CLINTON TO YOUR WILL OR TRUST**

**Gifts to YWCA Clinton Endowment**
YWCA Clinton has been part of this community for over 103 years. We are on a mission to eliminate racism, empower women, stand up for social justice, help families and strengthen our community.